

THE  
**EXCHANGE**

*BAR & RESTAURANT*

LUNCH MENU



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## SMALL PLATES

### Leek, Potato & Watercress Soup **v**

€9.50

Sourdough (1a, 7, 9)

### BBQ Chimichurri Wings

€12.95

Manor farm Irish chicken wings, tonkatsu BBQ sauce, fresh chimichurri, lime wedges & coriander (1a, 4, 6, 14)

### Roast Garlic & Chilli Focaccia **v**

€14.95

Hummus & basil pesto dips (for 2 to share) (1a, 3, 7, 8h, 11)

### BBQ Glazed Pork Tacos

€12.50

12-hour slow cooked pork shoulder, flour tortilla, avocado crema, pickled onion, feta, iceberg & chilli sauce (1a, 7, 10, 12)

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## SANDWICHES

### Mini Beef Sliders

€14.95

American cheddar, pickles, ketchup, mayo & mustard, served with fries (1a, 3, 7, 10)

### NYX Club Sandwich

€14.95

Roast Irish chicken, crispy bacon, tomato, lettuce, lemon mayo & free range egg (1a, 3, 6, 10)

### Baked Ham & Cheddar Ciabatta

€13.50

Baked ham, smoked & American cheddar, honey mustard dressing on toasted ciabatta (1a, 3, 7, 10, 12)

### Caprese Ciabatta **v**

€13.95

Burrata mozzarella, fresh & sundried tomato, basil pesto & balsamic (1a, 3, 7, 10, 12)

### Open Irish Oak Smoked Salmon On Soda Bread

€14.25

Grilled black tiger prawns, crème fraiche, rocket & pickled red onion (1a, b,c,d, 2, 4, 7, 12)

Add fries to sandwich **€3.00**

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## SALADS

### Burrito Bowl with Chipotle Dressing **vg**

€10.95

Basmati rice, corn, tomato, kidney beans & fresh avocado, with a chipotle dressing (10)

### NYX Caesar Salad

€11.95

Creamy Caesar dressing, baby gem lettuce, crispy chorizo, sourdough croutons, parmesan & crispy hen's egg (1a, 3, 4, 10)

Add grilled chicken breast **€4.95** | Honey roasted halloumi **€3.50**

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## FRIES

### Hand Cut Potato Fries **v** (1a)

€5.50

### Truffle Cream & Parmesan Fries **v** (1a,7)

€6.95

### Garlic Mayo & Crispy Bacon Fries (1a, 3, 10)

€6.95

### Avocado Cream, Coriander, Red Onion & BBQ Sauce Fries **v** (1a, 6, 7, 12)

€6.95

#### Allergens:

1 Gluten (A Wheat, B Rye, C Barley, D Oats) 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soyabeans 7 Milk 8 Nuts (A Almonds, B Hazelnuts, C Walnuts, D Cashews, E Pecans, F Pistachio, G Macadamia, H Pine Nuts) 9 Celery 10 Mustard 11 Sesame 12 Sulphur Dioxide Sulphites 13 Lupin 14 Molluscs